



Advocates for women in the workforce

# Newsline

## New York State Women, Inc. Buffalo Niagara Chapter March Meeting

**Wednesday**  
**March 3, 2010**

**Program:** "Self-Defense 101"  
The professionals from The Training Edge will explain and show you how to defend yourself!

5:30pm: Social  
6:00pm: Dinner Meeting  
7:00pm: Program

**Place:** Curly's Bar and Grill  
647 Ridge Road  
Lackawanna, NY

**Menu:** Chicken Puligny  
(chicken with shrimp)  
Pasta Primavera

**Cost:** \$30.00 per person

**PLEASE NOTE:**

*Checks payable to  
"NYS Women Inc., BNC"*

## How to Register

**Register on-line at:**  
[www.bncwomeninc.org](http://www.bncwomeninc.org)

**or contact:**  
Kathy Cerullo at 675-6075 or  
[kathyc3112000@gmail.com](mailto:kathyc3112000@gmail.com)

**Registration Deadline:**  
**Friday, February 26, 2010**



### President's Message **Joyce DeLong**

March is almost here and that means Spring is not far behind!

It is always fun to learn something new and different and I am excited to announce that our March meeting will focus on useful methods of self-defense that we can all use in an emergency. It is a powerful thing to feel prepared to defend yourself if ever the case should arrive! Come and discover some simple but effective techniques taught to us by the professionals from The Training Edge.

During the business portion of our meeting, we will be presenting the budget for 2010-2011 and possibly some updated by-laws, too. In addition, we will have a report from our nominations committee... so there will be a lot of important announcements at our March meeting.

Just a reminder, we will be holding our March and April meetings at Curly's Bar and Grill. BNC member, Krista Van Wagner, is the owner of this fine establishment and we are always pleased to be able to attend her restaurant for some of our yearly meetings. See you all SOON!

### **IMPORTANT ANNOUNCEMENT:**

Our chapter has updated all of the financial requirements regarding our new chapter name and will now be requesting that ALL checks be made out to:

***NYS Women Inc., BNC***

### **March Happy Hour Cancelled!**

Please note that the BNC March De-Stress Me Happy Hour is cancelled due to numerous conflicts. Stay tuned for updated information about future Happy Hours.

The Training Edge  
8200 Main Street, Williamsville, NY 14221  
565-9568

## March's Speaker



This month we thought it might be fun to "get a little physical!" It is important for everyone—no matter what the age or sex—to be able to defend themselves if ever the situation arises. Staff from The Training Edge will be joining us in March to give us some useful tips on how we can all utilize a system of self-defense.

For centuries, millions of people have benefited from the teaching of Martial Arts, a system of self defense invented in

the Orient that does not advocate the use of weapons. Instead, a philosophy that believes in strengthening the mind and body through self-discipline, fitness and awareness. At this meeting, you will learn some of the fundamentals of martial arts. You will also witness some of the time tested philosophy of martial arts with the modern approach of western teaching strategies. The experts from The Training Edge believe in a well-balanced approach for adults and children that emphasizes positive mental attitude, self esteem, fitness and integrity.

By: Renee Cerullo

## What is Open Source?

### What is Open source?

“Open source is a development method for software that harnesses the power of distributed peer review and transparency of process. The promise of open source is better quality, higher reliability, more flexibility, lower cost, and an end to predatory vendor lock-in.” (opensource.org)

So what really does open source mean? Open source refers to a type of software. This software is free. There are no license fees associated with it. Open source software is created by many people all over the world. They create the software for the pure enjoyment of it. They don't make any money off of it. Yes that may seem odd to most people. Think of a hobby of yours, something you do just because you enjoy it. Whether it is sewing, painting, woodworking, etc. You do it because you enjoy it and don't make any money off it. This is why people create open source software.

Open source of software has been around for many years. It is really starting to take its place in the business world and the academic world in the past year. It has been slow to become main stream because people were nervous about software that had little control over it. The big concern was security. How could something that had no company backing it be secure? As the software has evolved and proved itself, businesses started to take a second look at it. The bad economy has helped open source software take hold too. Everyone is looking to cut costs and software is very expensive.

There are two types of software – closed source and open source. Closed source is what you buy in stores or online. E.g. – Microsoft Office. Closed source software you are stuck with whatever they give you. You can't change it. If you want changes you wait and hope they include it in the next release.

There are many advantages to using open source software.

1. Development - It stands to reason that something developed by a vast community will evolve faster than something created by a smaller group. There is no red tape with open source software. Open source software constantly is putting out new versions or fixing any issues. There are new features always being developed.

2. Whether it be workspaces, icons, security settings or anything else, open source will always lead the way when it comes to a custom user experience, for the simple reason that you are legally allowed and positively encouraged to tinker.

3. Support – You would think being that there is no

company behind the software that support would not exist. Just the opposite is true. You have an entire world of developers eager to answer any questions and help. You post your questions online and normally within a few minutes you have someone working with you.

### Dispelling MYTHS

Objections to open source are not uncommon, but usually focus on some derivation of the three listed below—both from closed source vendors and those fearful of using a non-commercial product for business needs. However, these arguments are largely unfounded.

While open source has no licensing fees, development costs and support fees will be much greater than closed systems. That might be true, and it might not. It depends greatly on the vendor. Either way, the same could be said of one closed source vendor compared to another one.

If you choose open source, you won't get commercial support. While that's true of some small open source projects, it's not true of every open source product. Whether open or closed, only choose a vendor with commercially available support plans in addition to community support.

Open source products are less secure, less stable and of lower quality than closed source products. Software is software. Whether the source code is released to the public or not has nothing to do with its quality. Some closed source software is terrible — the same can be said of some open source software. In fact, the argument could be made that, because more people are looking at code in an open source product, it is less likely to have bugs or security defects.

### Examples of open source software:

- Open Office – [openoffice.org](http://openoffice.org)
- Amberdms Billing System - The Amberdms Billing System (ABS) is a billing system that also provides a number of useful accounting and business management functions. - [www.amberdms.com](http://www.amberdms.com)
- Help Desk Software - [freehelpdesk.org](http://freehelpdesk.org)
- OpenProj - OpenProj is a cross-platform desktop project management application that paints itself as an alternative to Microsoft Project, including file compatibility. OpenProj features Gantt charts, network diagrams (PERT charts) and earned value costing. - [openproj.org](http://openproj.org)

Check back next month when I compare open source content management systems for your web site.



## FEBRUARY

### \$ MONEY MINUTE \$

– Amy Jo Lauber

*The month of romantic love seems an atypical time to discuss money, but statistics indicate that the majority of divorces are the result of financial troubles. We are generally attracted to those who are different from us in some ways and, thus, make us feel excited (by splurging) or secure (by saving). But those differences over long periods of time can create chasms of deep resentment (squandered resources or skin-flinted-ness). Try to strike a healthy balance within yourself, then encourage your beloved to do the same.*



## New York State Women, Inc Annual Conference

June 11-13, 2010

Holiday Inn- Grand Island

MARK YOUR CALENDARS NOW

to attend this important conference!

# NYS Business Women, Inc.

## Buffalo Niagara Chapter BALANCE SHEET As of February 15, 2010

Feb 15, 10

### ASSETS

#### Current Assets

##### Checking/Savings

Cash - Restricted Other 100.00

Checking - Scholarship Restrict 2,492.05

Citizens Checking 2,770.14

Wachovia Securities 5,311.63

**Total Checking/Savings 10,673.82**

**Total Current Assets 10,673.82**

**TOTAL ASSETS 10,673.82**

### LIABILITIES & EQUITY

#### Equity

Net Assets 7,537.97

Temporarily Rest. Net Assets 2,492.05

Net Income 643.80

**Total Equity 10,673.82**

**TOTAL LIABILITIES & EQUITY 10,673.82**

# NYS Business Women, Inc.

## Buffalo Niagara Chapter PROFIT & LOSS BUDGET VS. ACTUAL July 1, 2008 – Feb. 8, 2010

	Jul 1, '09 - Feb 8, 10	Budget	\$ Over Budget	% of Budget
Ordinary Income/Expense				
Income				
Annual Fundraiser				
Fundraisers - Other	115.00			
Annual Fundraiser - Other	410.00	600.00	-190.00	68.3%
<b>Total Annual Fundraiser</b>	<b>525.00</b>	<b>600.00</b>	<b>-75.00</b>	<b>87.5%</b>
Dues Revenue	2,210.00	2,500.00	-290.00	88.4%
Excess Dinner Income	49.26	100.00	-50.74	49.3%
Interest Income	45.34	50.00	-4.66	90.7%
Newsline and Website Ads	375.00	500.00	-125.00	75.0%
<b>Total Income</b>	<b>3,204.60</b>	<b>3,750.00</b>	<b>-545.40</b>	<b>85.5%</b>
Expense				
Advertising	0.00	30.00	-30.00	0.0%
Bank Service Charges	85.00	85.00	0.00	100.0%
BPW President's Gift	0.00	50.00	-50.00	0.0%
BPW Website/Domain Names	169.50	150.00	19.50	113.0%
Community Service	0.00	50.00	-50.00	0.0%
Conferences & Meetings	0.00	300.00	-300.00	0.0%
Dues and Fees				
District VIII Dues	88.00	100.00	-12.00	88.0%
Interclub	0.00	25.00	-25.00	0.0%
State Dues	910.00	850.00	60.00	107.1%
<b>Total Dues and Fees</b>	<b>998.00</b>	<b>975.00</b>	<b>23.00</b>	<b>102.4%</b>
Honorarium Gifts	46.71	50.00	-3.29	93.4%
Insurance	177.00	180.00	-3.00	98.3%
Issue Management	60.00			
Logo Design	200.00	200.00	0.00	100.0%
Membership Supplies	0.00	50.00	-50.00	0.0%
Miscellaneous	104.24			
Newsline Printing	399.16	1,000.00	-600.84	39.9%
Postage and Delivery	17.60	50.00	-32.40	35.2%
President's Misc	0.00	20.00	-20.00	0.0%
Program	0.00	250.00	-250.00	0.0%
Roster	203.59	225.00	-21.41	90.5%
State President's Gift	0.00	10.00	-10.00	0.0%
Stationery	0.00	25.00	-25.00	0.0%
Treasurer's Bond and Insurance	100.00	100.00	0.00	100.0%
Woman of the Year	0.00	130.00	-130.00	0.0%
Women's History Month	0.00	20.00	-20.00	0.0%
<b>Total Expense</b>	<b>2,560.80</b>	<b>3,950.00</b>	<b>-1,389.20</b>	<b>64.8%</b>
<b>Net Ordinary Income</b>	<b>643.80</b>	<b>-200.00</b>	<b>843.80</b>	<b>-321.9%</b>
<b>Net Income</b>	<b>643.80</b>	<b>-200.00</b>	<b>843.80</b>	<b>-321.9%</b>

## Minutes BNC of New York State Women, Inc. Feb. 3, 2010 • Verbena Restaurant

The meeting was called to order at 6:08PM by President Joyce DeLong and the group then recited the Pledge of Allegiance. The members in attendance participated in a lighting the candle ceremony in honor of Lucy Mysiak. President DeLong honored Lucy by touching on her life and devoted involvement to BPW and BNC. A motion was made by Ramona Gallagher and seconded by Vel Czesny to make a contribution to the Grace LeGendre Fund in honor of Lucy Mysiak. All members in attendance unanimously approved this motion.

The proposed Agenda for tonight's meeting was approved by Sue Fayle and seconded by Mary Ellen Shaunnessy. The remaining members approved unanimously.

President DeLong asked everyone in attendance to introduce themselves. There were no previous minutes to approve from December 2009.

### President's Report

On January 19, 2010, eleven BNC members participated in a strategic planning process. Short Term goals created from this session include: creation of a tech committee, better understanding of our chapter's involvement in the 2010 state conference, creation of a chapter mission statement, creation of a survey that will be distributed to all members, and review, possible revision of the current by-laws and programming in place prior to September. Long Term goals created from this session include: creation of a strategic planning committee, marketing/branding strategy and a committed effort to better diversify our membership.

### First Vice-President's Report

First Vice-President Renee Cerullo was not in attendance. The March 2010 meeting will focus on a self-defense program. BNC Women Inc will hold its Annual Meeting in April 2010.

### Second Vice-President's Report

Second Vice-President Gretchen Nichols informed the group that the current membership is at 58 paid members.

### Treasurer's Report

Treasurer Jill Schaeffer reported that the bank account names are close to be completely changed to reflect the new chapter name.

### Finance Committee

Kathy Jackson reported that the May 5th auction will have a Cinco de Mayo theme. The auction will be held at the Park Club on Sheridan Drive.

### Public Policy Committee

Linda Przepasniak is the head of the Public Policy Committee. There were no new updates to provide to the group.

### Social Committee

Sue Mager is running the Social Committee. This year we are having a "De-Stress Me Happy Hour" night once a month. The next Happy Hour is taking place on February 9, 2010 at Bar Louie (Galleria Mall). The March 9th Happy Hour will be rescheduled as Wi-Tinis has recently gone out of business.

### Newsletter Committee

Joyce DeLong encouraged members to take out ads to highlight our businesses.

### Reservation Committee

Kathy Cerullo is responsible for the Reservation Committee. She informed the group that we have had 25-30 in members in attendance at monthly meetings.

### Scholarship Committee

Noelle Saladin is the chair of the scholarship committee. The committee will meet in March 2010. It was decided that moving the scholarship will benefit a current BNC member and will be in honor Lucy Mysiak. Members wanting to join the committee should notify Noelle.

### Other Business/Announcements

President Joyce DeLong announced that Wines of the World is taking place on February 26, 2010. The most recent newsletter and NIKE were available at the meeting.

### New Business

The Nominating Committee members were chosen as follows: Ramona Gallagher nominated Katharine Smith, Vel Czesny nominated Ramona Gallagher and Nancy Vastola nominated Gretchen Nichols. Katharine, Ramona and Gretchen were all approved unanimously.

The next BNC membership meeting is March 3, 2010 at Curly's in Lackawanna.

The meeting was adjourned at 6:32PM.

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(716) 754-1223 Fax  
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www.center-of-renewal.org



Susan M. Fayle  
Executive Director

716-882-4348  
Fax 716-882-3610  
e-mail neverfayle@aol.com



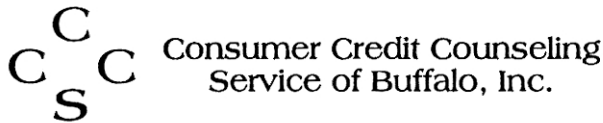
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33 Linwood Avenue  
Buffalo, New York 14209-2228



GRETCHEN M. NICHOLS  
*Attorney at Law*

One Towne Centre  
501 John James Audubon Pkwy., Ste. 300 • Amherst, NY 14228  
(716) 688-3800 • (716) 688-3891 Fax  
www.nfdlaw.com • gnichols@nfdlaw.com

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Chief Operating Officer  
E-mail: tvogel@cccsbuff.org

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Fax: 716-712-2079  
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West Seneca, NY 14224



**Velma T. Szczesny**  
First Vice President - Investment Officer

**Wells Fargo Advisors, LLC**  
6467 Main Street, Suite 103  
Williamsville, NY 14221  
Tel 716 810-5051  
Fax 716 810-5005  
Toll Free 877 822-0950  
velma.szczesny@wftadvisors.com

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**Nicole Fiorella**  
Independent Beauty Consultant

57 Brookdale Drive  
Williamsville, NY 14221  
716-565-1944 home office  
716-908-9234 cell  
nfiorella@marykay.com  
www.marykay.com/nfiorella

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www.INSTYcheektowaga.com

Phone (716) 565-9700  
Fax (716) 565-0668  
kathryn@kajacksonLaw.com  
www.kajacksonLaw.com

**KATHRYN A. JACKSON**  
*Attorney at Law, P.C.*

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